

Lunch time Light Bites

Omelettes (made from free range eggs) (g)

Select any

.. 2 fillings

£6.75

.. 3 fillings

£7.90

(Ham, cheese, tomato, mushrooms, red or green onions)

All accompanied with salad garnish & fries

Ploughman's Lunch- cheddar or brie served with a salad garnish, pickles and crusty bread

£7.50

Soup of the day homemade and served with crusty bread (v)

£5.50

English Asparagus with sunblush tomato & black olives (g)

£7.50

Smoked duck breast on wild rocket salad, raspberry, orange & blackcurrant vinaigrette (g)

£ 8.50

Grilled Sardines, coriander, garlic & lemon

£5.00

Chicken skewers marinated in Thai spices with sate sauce & cucumber salad

£6.00

House Fishcake served with a mango salsa (g)

£6.50

Beer batter haddock with chunky chips & baked beans

£ 7.50

Beefsteak, mushroom & ale pudding served with fries or new potatoes and seasonal market vegetables

£14.50

Bouillabaisse - (Cod fillet, fennel, mussels, clam meat, potato, tomato & prawns)

£14.00

Salads

Large tiger prawns, Thai spices, garnished with mango salad (G)

£9.25

Tomato, buffalo mozzarella & Greek basil salad

£ 7.50

Chicken Livers, garlic, coriander & crispy bacon

£7.50

Smoked salmon, asparagus, artichoke & egg

£8.95

Black rock Grills

WARNING THE ROCKS ARE VERY HOT SO PLEASE DO NOT TOUCH

8oz Rib Eye £16.95, 8oz Fillet steak £19.95

All served with hand cut chunky chips and house salad

Alternatively, our chef will be happy to cook your steak from the kitchen

Sandwiches

White or Multi grain bloomer

All sandwiches served with salad garnish & fries

Sliced tomato, basil & mozzarella (v)

£6.00

Cheddar cheese, red onion marmalade (v)

£5.50

Tuna & cucumber with lemon mayonnaise

£5.50

Crayfish Marie rosé salad

£6.20

Chicken with basil and grated Romano cheese

£6.00

Smoked salmon, lemon and rocket salad

£6.00

Toasted sandwiches / Grilly focaccia

All toasted sandwiches served with salad garnish

Classic Club Sandwich

£7.20

Focaccia filled with ham, brie and grapes

£5.95

Focaccia filled mozzarella, basil, tomato and crispy bacon

£5.95

Side Dishes

£ 2.95

Seasonal market vegetables

French fries

Pan-fried seasoned Spinach

Bowl of Canopy house salad

Hand cut chunky Chips

Basket of Bread, olive oil balsamic, Olives and feta cheese

£4.00

Lunch set menu

Available Monday -Saturday

Two courses -£12.95

Three courses -£15.95

Dinner Set Menu

Tuesday to Thursday

2 courses £15.95 with wine £20.95

3 courses £20.90 with wine £30.95

Sunday Lunch

One course £9.95 (roast only)

Two courses £13.95

Three courses £16.95

Desserts

Sticky toffee pudding with vanilla ice-cream

£6.50

Fresh fruit kebabs with honey cardamom syrup (g)

£5.50

Selection of European cheeses with assorted cheese biscuits, fruits, and homemade seasonal chutney (g)

£7.50

Rich thick vanilla cream & raspberry sauce topped with fruit berries Caramel sauce with a hint of cointreau (g)

£6.95

Baked Alaska - a light sponge coated with an orange liqueur flavoured raspberry sauce topped with clotted cream ice cream enrobed in sweet meringue (ideal for sharing)

£8.50

Fresh lemon ice-cream with swirls of Limoncello liqueur sauce (g)

£5.50

Warm chocolate brownie cake served with Belgium chocolate sauce and cream (g)

£6.00

Apple up - side down tart served with pouring cream

£5.95

Crème brule

£6.50

Steamed strawberry sponge pudding served with pouring cream

£5.95

Vanilla ice cream with swirls of red cherry sauce topped with black candied cherries (g)

£6.20

(g) - Gluten free

Afternoon tea served from 2.30pm

Afternoon Tea is served in the traditional English way on a tiered stand. House pot of tea or coffee per person

One round of freshly cut crust less finger sandwiches

choice of

Roast turkey & cranberry

Smoked salmon & cream cheese

Cheddar cheese tomato and pickle

One plain scone, with clotted cream, butter and strawberry jam two cake slices from our selection.

£10.00 per person

143 The Canopy Restaurant



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MENU