

LUNCH AT 143 THE CANOPY

Served Tuesday- Saturday 11.30am- 3PM

SANDWICHES, WRAPS

All with salad garnish

- **BLT** Bacon, Salad Tomato 5
- **Grated Cheddar Cheese**, Tomato, Pickle 5
- **Chicken & Avocado** Wrap -Pan fried chicken with mixed leaf, cucumber and tomato 7

SIDE OF FRIES £2.50/ HOMEMADE COLESLAW £1.50

TOASTED CIABATTAS 6.5 all with salad garnish

- **Chicken**, Bacon & Brie With cranberry sauce
 - **Cheddar Cheese & Wiltshire Ham**
 - **Grilled sausages** with caramelised red onion chutney
 - **Bacon**, Cheddar Cheese & Tomato
- ### FLATBREADS
- **Fresh Herbs, Feta** ,Tomato Dressing, Caramelised Onions 5.5
 - **Chicken, Bacon & Avocado** Flatbread with chili jam spread 6.25

SIDE OF FRIES £2.50/ HOMEMADE COLESLAW £1.50

LIGHT BITES & SALADS

- **Soup** of the Day, Crusty Bread 5
- **Ploughman's** Wiltshire Ham, mature cheese, mixed leaf lettuce, coleslaw, cherry tomatoes, Crusty Bread and pickles 8.95
- **Omelettes**, (free range eggs) Chips & Salad (gf) 7.95
Choose from, Ham, Cheese, Tomato, Mushrooms, Red Onions. (Two Fillings)
- **Prawn**, Avocado & Egg Salad with rocket, mixed leaf lettuce, olives, cucumber, grilled aubergines and cherry tomatoes, with a mustard, caper and olive oil dressing 9.95
- **Welsh Rarebit & Bacon**, Salad Garnish. Thick cut bread smothered in our cheesy sauce, toasted and topped with crispy bacon 7.00

CANOPY CLASSICS

- **Wiltshire Ham**, Egg & Chips Sliced Wiltshire ham, two free range eggs and chips 8.95
- **Canopy House** Fishcakes, Salad 8.95
- **Hand-battered fish** of the day served with chips, peas and tartare sauce (gf) 9.95

Set Menu

2 Courses 12.95 / 3 Courses 14.95

Soup Of The Day

Chicken Livers Pan Fried With Garlic, Lime, Chilli & Balsamic (Gf)

Deep Fried Whitebait, Tartare Sauce & Fresh Lemon (Gf)

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Omelettes - Chips & Side Salad Choose 2 Fillings (Gf)

Cheese, Tomato, Mushroom & Red Or Green Onion

Fish Of The Day, Saute Potato, Gremolata (Gf)

Oven Roasted Flat Mushroom, (Kale, Red Onion Topped With Goats Cheese) Sweet Potato Fries (Gf)  (with out Goats Cheese vegan)

Add A Side Dish For 3.50

Fresh Fruit Salad(Gf)

Canopy Mess (Gf)

Crème Brulee(Gf)

(Gf) -Gluten Free

During Your Meal if You Are Unhappy With Anything, Please Notify The Waiting Staff So That We Can Try To Put It Right While You Are With Us.

If You Have Any Food Allergies, Please Notify Our Staff Before You Place Your Order.

A 10% Discretionary Service Charge Will Be Added To the Total Bill


LUNCH & DINNER AT 143 THE CANOPY

Served Tuesday- Saturday 11.30AM- 3PM & 6.30PM- 9PM

Starters

Soup of the Day, Crusty Bread 5

Deep Fried Whitebait, Tartare Sauce & Fresh Lemon (gf) 5.5

Warm flatbread Fresh Herbs, Feta ,Tomato Dressing, Caramelised Onions 5.5  (with out Feta vegan)

Chicken Livers Pan Fried With Garlic, Lime, Chilli & Balsamic 5.5 

Crispy Calamari, Arabiatta Dip & Fresh Lemon (gf) 5.95

Griddled Asparagus, Soft Poached Free-Range Hen's Egg, Sauce Hollandaise (gf) 6.50

Timbale of Avocado, Prawn, Crayfish, Gremolata (gf) 6.95

Mezze Board for Sharing- Babaghanoush, Chicken Wings, Sweet Potato Pancakes, Tzatziki, Hummus & Za'atar grilled Pitta Bread & Olives 10 (gf without pitta bread)

Main Plates

Asparagus, Mushroom, Pea, Mint & Lemon Risotto, Cream (v, gf) 12.95 (with out Cream vegan)

Tower of Vegetables, Goats Cheese, Tomato Basil dressing (v, gf) 12.95  (without Goats Cheese vegan)

Canopy Pie of the Day, with Market Vegetables 12.95

Breast of Guinea Fowl, Wild Mushroom, Jus, Vegetables, Rosti Potato (gf) 13.5

Slow Braised Rump Steak, Gourmet Sauce, Champ 14.5

Pan Roasted Fish of the Day, Canopy Gremolata (gf) 14.95

Braised Lamb Shank, Moroccan, African Style With A Kick, Bubble & Squeak (gf) 16

Pan -Seared Calves Liver, Crispy Bacon, Onion Rings, Champ, & Red Wine Onion Gravy 16

Black Rock Grills (gf)

Fish on the Rock 18.95 **House Steaks** of the day on the Rock 20 (Fillet 25)

Sauté Garlic Potatoes, a Choice of House Salad OR Grilled Tomato, Courgette, Battered Onion Rings & 3 sauces
EXTRA SAUCES ARE CHARGED AT £1.50 PER ITEM

Side Dishes 3.5

Sweet Potato Fries 

Bread Basket, Butter, Oils Balsamic

Dauphinoise Cheese Potato

Pan Fried Kale with Red Onions & Garlic 

Seasonal Market Vegetables

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All Our Prices Are Inclusive Of 20% Vat

DESSERTS

Sticky Toffee Pudding, Pouring Cream **5.5**, Vanilla Ice Cream **6**.

Homemade Ice Cream (2 scoops) **4.5** (3 scoops) **5.5**

Chocolate Fondant Tart, Pouring Cream **5.95**

Crème Brule (gf) **5.95**

Canopy Mess (gf) **5.95**

Salted Caramel & Chocolate Cheesecake, Vanilla Ice Cream **6.25**

Apple Tart Tatin, Candy Ginger Ice Cream **6.25**

A Trio of Artisan Cheeses, Biscuits, Fruits, Chutney **7.5**

We have vegan ice-creams upon request